

Buffy's Cookbook

By Jody Cameron

The following are excerpts from this book:

Buffy is that adorable little girl who appears on the Family Affair television series. She has thousands and thousands of fans, and they all love her.

Buffy has many hobbies besides cooking. She enjoys putting on

plays for the neighborhood children. She has a collection of miniature trolls. She likes to write stories and poems and to knit, when she has the time. She's a Girl Scout, too.

Some helpful hints:

1. Use potholders to pick up hot utensils when removing them from the range or oven. In this way, you will not get burned.

2. A good cook always cleans

up after she is through.

PEANUT BUTTER AND JELLY SANDWICH

No-Cooking Recipe

Spread peanut butter on a slice of white bread.

Spread jelly on second bread slice.

Close sandwich.

SAUCY STEW Top-Of-Range Recipe

What You Will Need:

1 can (eight ounces) beef stew

2 tablespoons catsup

How To Do It:

- Open canned beef stew and pour contents into saucepan.
- 2. Add catsup and stir.
- Cook over low heat for about five minutes, stirring a few times.