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SUNDAY, NOV. 4

"The 38th Annual New York City Marathon" A real kind of amazing race, the kind in which thousands of people run through the city. This year has a no iPods rule, because iPods are cheating. Especially if you have the "Chariots of Fire" theme on it. (WNBC 4, 9 a.m.)

"The Amazing Race" The reality show that beat "American Idol" at the Emmys launches a new season by heading to Ireland, though the chase begins at the Playboy mansion in L.A. Yeah, we'd run away fast from Chez Hefner, too, (CBS, 8 p.m.)

W "Dexter" Imitation is the sincerest form of flattery - but none too smart when a copycat murderer ticks off everyone's favorite serial killer. (Showtime, 9 p.m.)

MONDAY, NOV. 5

"Prison Break" Michael (Wentworth

Miller) is thrown into despair and anger over the murder of his love Sara, which of course makes the brooding inmate appear even more absurdiv handsome in this two-hour episode, (Fox, 8 p.m.)

🕷 "American Masters: Carol Burnett" The last great variety show legend gets her due. There surely will be clips from career highlights like

Broadway's "Once Upon a Mattress," those Carnegie Hall shows with Julie Andrews and, of course, that "Gone With the Wind" spoof, or else we don't know our Carol Burnett tributes. (PBS, 9 p.m.)

"House Hunters" The real estate shopping show heads to Las Vegas every night this week - which is perfect. With the housing market in a recession, trying to buy or sell a house is about as risky as heading to the slot machines. (HGTV, 10 p.m.)

TUESDAY, NOV. 6

"Oprah" The guest is U.K. reality show sensation Paul Potts - a pudgy cell-phone store worker who stunned even Simon Cowell by breaking into the aria "Nessun Dorma," moved an "American Idol" audience to tears and became a crossover opera sensation. Can he do the same here? (WABC 7, 4 p.m.)

"Cavemen" Maybe Darwin was wrong - this lambasted sitcom is still on the air. Tonight, Joel becomes buddies with a Homo

sapien, but is the guy really a caveman who can pass? (ABC, 8 p.m.)

"Beauty and the Geek" The teams travel to Mexico and have their intellects tested over things like "Which direction do you head when you want to go 'South of the Border'?" Then they actually find a Taco Bell and take part in a dance contest, which for the geeks requires a lot of margaritas to loosen up. (CW, 8 p.m.)

WEDNESDAY, NOV. 7

The 41st Annual CMA Awards"

Nashville celebrates its big night with performances by the Eagles (courtesy of Wal-Mart), Alison

Krauss, George Strait, Miranda Lambert, Reba McEntire, Brad Paisley and, of course, Carrie Underwood. (ABC, 8 p.m.)

"Kitchen Nightmares" Chef/whipcracker Gordon Ramsay heads to Sebastian's in Burbank, Calif., where the waitstaff if more interested in landing acting gigs than doing their jobs. And this is unusual because ...? (Fox. 9 p.m.)

38 "The Young and the Restless" After an amusing multi-episode arc on "How I Met Your Mother," singer Enrique Iglesias nons in on the daytime soan to perform

"Somebody's Me" at the fictional Indigo club. (CBS, 12:30 p.m.)

THURSDAY, NOV. 8 M "Are You Smarter Than a Fifth Grader" Skateboarding legend Tony Hawk is the guest contestant, and he'll likely help

"Without a Trace" and

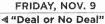
the adults since the kids will be so excited they'll hyperventilate. I mean, oh, man, it's TONY HAWK! (Fox, 8 p.m.)

"CSI" will cross over.

W "My Name Is Earl" Earl (Jason Lee) is told by warden Craig T. Nelson to develop a Scared Straight-like skit for juvenile delinquents, (NBC, 8 p.m.)

▲"CSI"/"Without a Trace" Okay, it's not as earth-shattering as the first time Superman bumped into Batman, but worlds will collide when a crossover episode of these two crime shows involves a mass murderer so dangerous, it takes the combined scowling of William Petersen and Anthony LaPaglia to get him. (CBS, 9 p.m.)

30 Rock" Al Gore guests in this mockery of eco-friendly endeavors. Unfortunately, unlike the satire of Gore on last week's "South Park," he probably won't be wearing a superhero cape and running around making "whooshing" noises as if he were flying through the air. (NBC, 8:30 p.m.)



In an eco-friendly episode of this game show, the models wear clothes made out of recycled parachutes (wouldn't it be more of a tribute to Mother Nature to just go nude?) and Kermit the Frog pops in to insist that it actually is easy being green. (NBC, 8 p.m.)

Services "Women's Murder" Club" This offbeat crime drama looks like a ratings winner, and in tonight's episode, the realization that fighting crime is turning into a full-time gig prompts two of the women to ponder exactly what they want to do with their lives. (ABC, 9 p.m.)

🗱 "Flash Gordon" Eco-friendliness spreads even-

to alternate worlds, when Flash discovers that the planet Mongo halts all evil-doing on Honor Day, to remember the lives lost in the environmental catastrophe known as "The Sorrow." Ah, sci-fi parable at its most obvious.

SATURDAY, NOV. 10

"Cops" The reliable juggernaut show celebrates its 700th episode by showcasing highlights. Criminals, drunks and bickering spouses rejoice, since they finally get to see their lives on TV. (Fox, 8 p.m.)

(SciFi, 9 p.m.)

W"Hannah Montana" Fans cheated out of a chance to see Hannah in concert can console themselves with a new episode: Tonight, Hannah tries to set up her single dad with her best friend Lilv's hot mom (Heather Locklear), (Disney, 8 p.m.)

Michael Giltz

